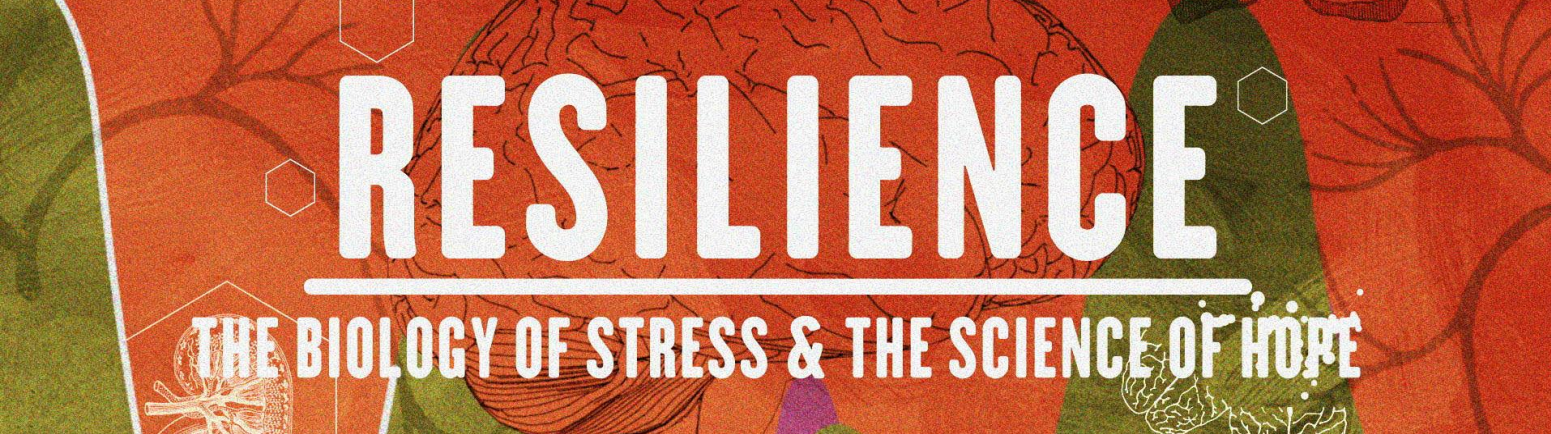


*"The child may not remember, but the body remembers."*



# RESILIENCE

THE BIOLOGY OF STRESS & THE SCIENCE OF HOPE

## A Documentary Screening of the Sundance-Debuted Film

Wednesday, March 1, 2017

6:15 – 8:30pm

Childcare is available upon request for ages 5 & up

Island View Elementary

2501 J Avenue

Anacortes, Washington 98221

*For more information, please contact Claudia Mason at [cmason@asd103.org](mailto:cmason@asd103.org) or Keiko McCracken at [@asd103.org](mailto:@asd103.org)*

How do childhood trauma and toxic stress affect health outcomes for our community? And what can we do to help our children, families and community build resilience and disrupt cycles of dysfunction and disease? Cutting-edge brain science is at the heart of a new movement among pediatricians, therapists, educators and communities.

### WHO SHOULD ATTEND?

- Parents & Caregivers
- High School & College Students
- Educators & Service Providers
- Community Advocates



## PARENT WELLNESS EDUCATION SERIES